

==== **DISTRIBUTION AND PROTECTION OF ECOSYSTEMS AND THEIR COMPONENTS** ====

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ECOLOGICAL AND LITERARY TRAILS OF THE NORTHERN MOSCOW REGION

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In the north of the Moscow region there is a state natural reserve “Crane Homeland”, named after the M.M. Prishvin’s story of the same name. It combines interesting natural and barely disturbed landscapes, where the habitats of common cranes, bogs and forests, the floodplain of the Dubna River and Lake Zabolotskoye are preserved. Ecological and literary tours take place there, offering trips along the trails of M.M. Prishvin and S.A. Klychkov, teaching about ‘bagovnik’ (Marsh Labrador tea) and ‘gonobobel’ (bog blueberry), showing wild cranes in the distance and offering immersion in the era of Sergius of Radonezh.

In 2023, ecological-literary trails in Russia are only at the initial stage of their development. To date, we have created 3 trails in the Northern Moscow Region: 1) “At Chertukhinsky Balakir” (that goes through the places of S.A. Klychkov), 2) Prishvin’s trail at Tugolyan Lakes, 3) Prishvin’s places along the Vytravka River and at the Shavykina Pustyn (wasteland). The tours along them highlight both the rich flora and fauna of the region, and the stages of literary work of Russian writers and religious figures who visited these places. Additionally, the prepared materials tell about modern trends in climate change and related changes in the hydrological regime of bogs and small river basins of the Upper Volga River.

Keywords: the reserve “Crane Homeland”, ecological and literary tourist trail, ecological and literary excursions, Lake Zabolotsk, Tugolyansky lakes, Vytravka River, Prishvinsky places, Knyazhiy Island, Shavykina Pustyn, flora and fauna of the Northern Moscow Region.

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